2020 Favorite Foods Revue - Saturday, Apr. 18

Parents, family, and leaders are welcome! The Brown County Favorite Foods Revue is an opportunity for <u>all</u> members to show what they learn in 4-H. It also gives experience in face-to-face judging.

Who: Any 4-H youth (Youth do not need to be enrolled in the Foods Project to

participate in this event.)

<u>Date</u>: Saturday, Apr.18, 2018

<u>Place</u>: STEM Innovation Center, 2019 Technology Way, Green Bay, WI 54311

Rooms 136 & 138

Registration & Set-Up: 9:30 a.m.

Judging: Starts at 10 a.m. sharp

Note: Food items MUST be left set up. They are not to be eaten until the awards have been

handed out.

4-H club foods leaders or individual members need to submit completed registration forms to the Extension Office by **Friday, March 27.**

What a Member Needs To Do:

1. Tell your 4-H foods leader or general leader you would like to participate.

- Select recipe print or type on registration form or submit ONLINE or via email: <u>alyssa.zirbel@browncountywi.gov</u> Include your name, grade, and club. Return to the Extension Office by Friday, March 27. Your recipe will be printed in the 2020 Favorite Foods Revue Recipe Book that you will receive on Apr. 18. The 4-H Office cannot guarantee that recipes received after the deadline will be printed in the program book.
- 3. 3x5 recipe cards are to be used with your display on Apr. 18 at the Foods Revue and will not be accepted with the registration form. Bring your recipe card with you to the Foods Revue.
- 4. Be ready to explain what you have done (making food item, menu selected, etc).

What a Foods Leader or General Leader Needs To Do:

- 1. Describe the Foods Revue to members and encourage them to participate. Also, help members select foods that are a challenge. Encourage them to utilize creative garnish (fruit, vegetable, etc.).
- 2. Make corrections as needed to recipe before submitting to the Extension Office.
- 3. Registration forms from your members are due to the Extension Office by Friday, Mar. 27. **The 4-H**Office cannot guarantee that recipes received after the deadline will be printed in the program book. 3x5 recipe cards will not be accepted with the registration form.

Participation – All Ages:

- 1. Prepare a favorite food in the category that goes along with your age. Choose items from the 4-H foods project books, cookbooks, magazines, etc.
- 2. Display the favorite food in a way that is appropriate for the food. If you would like to bring extra to share, we will have a sampling table available before judging starts.
- 3. Bring your recipe on a 3x5" index card for the food you prepared.
- 4. Be prepared to discuss the food, preparation steps, characteristics of a good product, and nutrition ideas with the judge.
- 5. Have fun! Food and its preparation are meant to be enjoyed!

Parents are reminded that this is an educational experience for your 4-H member.

Please encourage independence.

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Group	Food Item	What to Bring
K through Grade 2	K - Nutritious drink (must include at least 3 ingredients)	Placemat, napkin, 3x5 recipe card and: (K-serving glass)
	1 st – Vegetable Snack – Raw	(1st-sm plate & toothpicks)
	2 nd – Fruit Snack - Raw	(2 nd -sm plate & toothpicks)
Grade 3	Hot or cold sandwich Garnish appropriately (ex. pickle)	Placemat, napkin, small plate, knife, 3x5 recipe card
Grade 4	Cold salad (vegetable, fruit, gelatin, pasta) – 1 serving Garnish appropriately	Placemat, napkin, individual serving dish, silverware, 3x5 recipe card
Grade 5	Appetizer (no vegetables, fruit, and/or dips) Garnish appropriately	Placemat, napkin, plate, knife, fork if needed, 3x5 recipe card
Grade 6	Yeast rolls (dinner or sweet) – 3 rolls Garnish appropriately	Placemat, napkin, complete place setting, 3x5 recipe card
Grade 7	Soup – 1 serving Garnish appropriately	3x5 recipe card and complete menu for meal, complete place setting for meal
Grade 8	Main dish – 1 serving Garnish appropriately	3x5 recipe card and complete menu for meal, complete place setting for meal
Grade 9	Dessert – 1 serving Garnish appropriately	3x5 recipe card and complete menu for meal, complete place setting for meal
Grade 10 through 4-H Graduation	Traditional holiday food (Valentine's Day, Thanksgiving, etc.) Garnish appropriately	3x5 recipe card and complete menu for meal, place setting including centerpiece, whole food item will be judged